

SUNDAY MASS

ENTRANCE ANTIPHON:

Blest be God the Father, and the Only Begotten Son of God, and also the Holy Spirit: for he has shown us his merciful love.

FIRST READING: Deuteronomy 4:32-34, 39-40.

RESPONSORIAL PSALM: Psalm 33.

RESPONSE:

Blessed the people the Lord has chosen as his heritage.

1. The word of the lord is faithful, and all his works to be trusted. The Lord loves justice and right, and his merciful love fills the earth. *R*
2. By the word of the Lord the heavens were made, by the breath of his mouth all their host. He spoke, and it came to be. He commanded; it stood in place. *R*
3. Yes, the Lord's eyes are on those who fear him, who hope in his merciful love, to rescue their souls from death, to keep them alive in famine. *R*
4. Our soul is waiting for the Lord. He is our help and our shield. May your merciful love be upon us, as we hope in you, O Lord. *R*

SECOND READING: Romans 8:14-17.

GOSPEL ACCLAMATION:

Alleluia, alleluia! Glory be to the Father, and to the Son, and to the Holy Spirit; to God who is, who was, and who is to come. Alleluia.

GOSPEL: Matthew 28:16-20.

COMMUNION ANTIPHON:

Since you are children of God, God has sent into your hearts the Spirit of his Son, the Spirit who cries out Abba, Father.

THE WEEK AHEAD

Live the Word

Mon 27 May (St Augustine of Canterbury, B)

1 Peter 1:3-9; Psalm 111; Mark 10:17-27

Turn your heart to God today. Invite God into the deep places within you, those hard to reach areas, and humbly seek healing and comfort. Pray to be refined into a new creation, one that reflects God's glory.

Tue 28 May Liturgy of the Day

1 Peter 1:10-16; Psalm 98; Mark 10:28-31

Ponder those words of Peter "Lord, I have given up everything to follow You" and allow yourself to see the areas of your life you still need to surrender over to Jesus.

Wed 29 May (Bl. Joseph Gerard, Pr)

1 Peter 1:18-25; Psalm 147; Mark 10:32-45

Imagine Bartimaeus being an image of yourself. See yourself in desperate need of Jesus and listen for his clear voice. Do you hear him? Do you sense him walking by? Cry out to him with conviction.

Thu 30 May CHRIST THE HIGH PRIEST

Jeremiah 31:31-34; Psalm 110; Mark 14:22-25

"When we believe in a deep way that life is good, God is good, and humanity is good, we do exciting and imaginative things ... confident that we are part of a storyline that is going somewhere good." – Richard Rohr

Fri 31 May VISITATION OF OUR LADY

Zephaniah 3:14-18; Isaiah 12:2-6; Luke 1:39-56

"The world being unworthy to receive the Son of God directly from the hands of the Father, he gave his Son to Mary for the world to receive him from her." – St Augustine

Sat 1 Jun St Justin, M

Jude 17:20-25; Psalm 63; Mark 11:27-33

Obstinacy is among the most dangerous of sins. In essence, it's a refusal to change. Do you find it difficult to admit when you are wrong? Do you find it difficult to apologize to another and seek to change?

Sun 2 Jun CORPUS CHRISTI

Exodus 24:3-8; Psalm 116; Mark 14:12-16.22-26

"O sublime humility! O humble sublimity! That the Lord of the whole universe, God and the Son of God, should humble himself like this and hide under the form of a little bread, for our salvation." – St Francis of Assisi

(KEY: SOLEMNITY; FEAST; Memorial; (Optional Memorial) B=Bishop; Pr=Priest; M=Martyr

Catholic Link

EASTER SPIRITUALITY

Trinity Sunday • Year B
Divine Office: Week IV • 26 May 2024

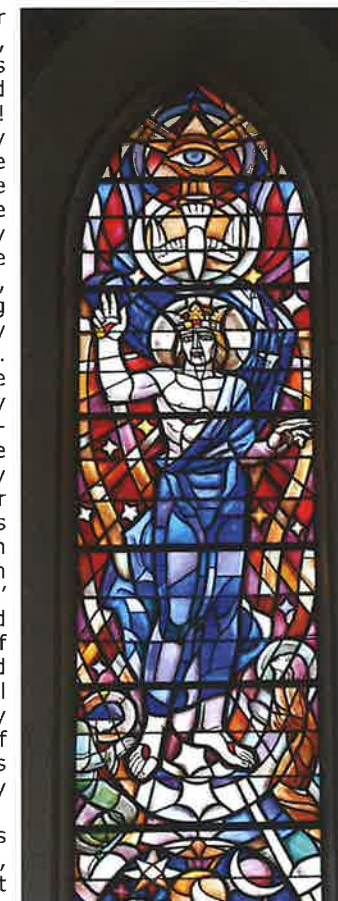
In Heaven's Name, what on Earth...?

In seeking greater understanding of the faith, theologians sometimes come up with concepts and terms beyond understanding! The theology of the Trinity is a good example, where theologians speak of the 'immanent' Trinity and the 'economic' Trinity. We may well say, in heaven's name what do they mean? Or even, what on earth are they talking about? And in those very questions we have the answer.

The immanent Trinity is the Trinity of *heaven*, the Trinity in the mystery of being Three-in-One, in and of Itself. The economic Trinity is the Trinity of *earth*, for us and for our salvation. Immanent means remaining within hidden mystery, and economic (which literally means 'housekeeping' in Greek) is the outward revelation of the persons of the Trinity in creation and salvation. The latter is all we can know. Our earthly experience – in faith – is of the Trinity in relation to us poor mortals in the 'economy of salvation'.

If we find ourselves struggling to grasp all this, we're in good company, that of Nicodemus in John, Chapter 3. Let's sit in his company awhile just as he sat in Jesus' company "at night", because yes, he too was in the dark.

Nicodemus is a seeker. He wants to know more; he comes with an open mind, a receptive attitude. And he learns two lessons: about "earthly things" and about "heavenly things" (John 3:12). We can apply this to what we said earlier about the mystery of the Trinity. The first lesson Nicodemus learns concerns



Stained glass window of the Trinity in Eisenach, Germany, by Falco from Pixabay

what the Trinity **does** (earthly things); the second what the Trinity **is** (heavenly things).

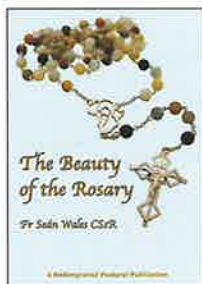
Jesus the Teacher begins his lesson by talking about earthly things – what the Trinity does – as the Holy Spirit makes us to be "born again from above" (3:3). (As an aside, scholars of St John's Gospel today prefer to translate the Greek word *ánōthen* which can mean either "again" or "from above" using both possibilities.) Being born again from above through baptism means that we become children all over again, "born, not of blood nor of the will of man, but of God" (1:12).

This is the Trinity in full relationship with us, and this is us in full relationship with the Trinity. The Father adopts us as true daughters and sons. When we receive the Spirit of adoption, with St Paul we cry, "Abba! Father!" (Romans 8:15). The Spirit unites us to the Son, and with the Son we are children of the Father. Father, Son, and Holy Spirit work together in the economy of salvation to make us children of God, for, as our companion Nicodemus heard from the lips of Jesus, "God loved the world so much that he gave his only Son" (John 3:16).

Perhaps we should stop right there, as that's enough to try to take in, let alone now to begin to explore "heavenly things". Suffice it to say that Jesus only gives us a hint about that in his claim to the exclusive right of teaching heavenly things. He is the only one who has been in heaven and has come down from heaven (3:13), and so is the only one capable of teaching heavenly things. And the Father says: "Listen to Him!"

THE BEAUTY OF THE ROSARY

A new and revised edition of this popular bestseller in which the author discusses the origin, structure and nature of the ancient form of christian prayer, the Rosary. There are several new additions to this book, including a Holy Land "pilgrims rosary."



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 Deacon: Rev Dcn Michael Brooks
 Secretaries: Deborah Jordan / Vivien Cones
 Office Hours: Weekdays 08h30-13h00



TRINITY SUNDAY
 25th/26th May 2024

Date	Intentions		
Saturday 25th	17h30	TRINITY SUNDAY	Elsa Sarabando
Sunday 26th	09h00	TRINITY SUNDAY	Greg Cheminais RIP
	17h30	TRINITY SUNDAY	Missa pro Populo
Monday 27th	No Mass		
Tuesday 28th	08h00	Mass of the Day	Renee Mary Lawrie RIP
Wednesday 29th	09h00	Mass of the Day	Antonio Martins RIP
Thursday 30th	08h00	OUR LORD JESUS CHRIST ETERNAL HIGH PRIEST	Jill Vorster
Friday 31st	09h30	VISITATION OF OUR LADY	Mortuary List
Daily	18h00	Prayer & Rosary on Zoom	
CONFESSION	Saturdays 16h45-17h15		Or by Appointment

JOIN US ONLINE

Live-Stream: All Masses EXCEPT Saturday and Sunday evening:
<https://bit.ly/YouTubeConstantiaCatholic>
Daily Rosary: At 18h00 every evening:
<http://bit.ly/ConstantiaZoom>
 Please see our emailers and website for regular updates:
www.constantiacatholic.com

TEA IN THE HALL

Please join us for tea in the hall this Sunday, 26 June, after 9am Mass, hosted by Almaza Da Costa and Mariana Bakos.

**CHILDREN'S MASS, SANDWICH
 MAKING & SUNDAY TEA
 Next Sunday, 02 June**

Next Sunday's tea, celebrating our parish feast day, will be hosted by Debbie Farrugia.

We still need volunteers for many teas throughout the year, so please sign up on this link <https://bit.ly/Teas2024> or contact Julie at juliejunior@gmail.com.

CHILDREN'S MASS

Parents, if your children would like to participate in the children's Mass, doing the offertory procession, welcoming at the beginning of mass, collection and especially readers, please contact Claudia Farrugia: WhatsApp 0729048541 or email: claudia.farrugia@eduexcellence.co.za

SACBC PRAYER FOR 2024 ELECTIONS

Lord, we the people of South Africa, thank and praise you for your inexhaustible love and the graces of healing and peace you continually offer to us as a nation.

As we prepare for the elections in 2024, send us your Holy Spirit to form our consciences according to the Gospel of Jesus Christ, so that we may choose leaders who aspire for the common good of our nation and have the fear of the Lord in their hearts.

We pray for a peaceful, free and fair electoral process, devoid of any form of violence, intimidation or suppression. Heal whatever is broken in our hearts, families and communities, so that we can respond to your call to build a more just, more united and a more peaceful nation of South Africa.

We ask this through Christ our Lord. Amen.

Prayer Intentions: For all in need of our prayers and their families: Susan Smith, Tony McEwen, Simon Goemans, Avril Meinesz, Allen Galvin, Jennie Underwood, Gian Paolo Barzon, Felicitas Aguila, Neves Rodrigues, Diedre Scodeller, Corlize Lauff, Connor Young, Malcolm Asher, Mgr. Andrew Borello, Fr. Stan Botha, Fr. Douglas Wiseman, Fr. Eddie O'Neil, Brenda Robb, Lucinda Bromfield, Neva Bruce-Brand, William De Villiers, Elijah, Sarah Glenday, Cecco Giovannini, Derek Kudsee, Brendan Bosson, Margaret Savage.



SECOND COLLECTION

Priests' Medical Fund - 25/26 May

This collection needs our very generous support. Envelopes available - or EFT to Parish Bank account Ref: Priests Medical Fund.

Wed 29 May – Voting Day – Mass at 09h00

FEAST OF OUR LADY OF THE VISITATION

**Constantia Catholic Parish Feast Day
 Friday 31 May**

Friday 31 May – Mass at 09h30
 Followed by brunch in the hall

**Sunday 02 June - Please also join us for
 Sunday morning tea after 09h00 Mass to
 celebrate our parish feast day.**

RCIA

(Rite of Christian Initiation for Adults)
Starting Tues 25 June at 19h30
 at Holy Redeemer, Bergvliet.

For more information:

Mariella Norman: norman.mariella@gmail.com
 Don Bowden: don.jill.bowden@gmail.com

PARISH PILGRIMAGE

Rome - Assisi - Fatima - Lourdes
 led by Father Robert Bissell
 30 Sep - 12 Oct 2024.

Still a few places available!

For more info:

Shirley Roos 083 384 8595
 or email: allanroofing@mweb.co.za

CATECHISM: END OF TERM 2

EDGE: Last Session - Monday 10 June
 Resumes on Monday 15 July

LifeTeen: Last Session - Sunday 09 June
 Resumes on Sunday 14 July

REFLECTION: Trinity Sunday

God is love. From eternity God loved His son, then the universe, then us - all through the Holy Spirit. St. Augustine said that if you see love, you see the Trinity. But how we perceive the Trinity, a major MYSTERY of our faith, is less important than our calling to make Christian disciples of EVERYONE.

Richard.

**SCHOENSTATT GIRLS WINTER CAMP
 24-27 June (please book by 20 June).**

For more info please call:

Sr. Ann Marie 079 147 6968
 or Micaela 064 526 5433.

See poster for more details

Our parish mission is to be a welcoming and evangelising Catholic community, striving, with the grace of the Holy Spirit, to know, love and serve God more, as disciples of Jesus Christ.

Bank Details: Constantia Catholic Church | Standard Bank: Branch 025 309 | Current Account No 07 169 8965