

Memory

Memory is a tricky subject to think or write about. One of its tricks is that it can be sharp and clear one moment and hazy and vague the next. Short term memory needs to be distinguished from long term memory. Reliability of memory is precarious. Emotional memory differs from statistical memory. People are often haunted by memories they would rather forget.

In the context of reflecting on truth, forgiveness and reconciliation, Pope Francis, in *Fratelli Tutti*, goes to some length in Chapter Seven to identify memory as a path to renewed encounter.

His main message is that we must not forget the wrongs of the past. He makes a passionate plea not to forget the *Shoah* (The Holocaust which killed six million Jews); not to forget the atom bombs dropped on Hiroshima and Nagasaki; not to forget the persecutions, the slave trade, the ethnic killings that have happened in the world. The list is sadly too long. Pope Francis cries out forcefully, "For God's sake, no!".

The pope quotes his own message for last year's World Day of Peace to explain why it is vital to remember such atrocities. He says that such memories "keep alive the flame of collective conscience, bearing witness to succeeding generations to the horror of what happened". The ultimate aim of remembering, of course, is to prevent such evils from ever recurring.

In South Africa it is important to keep alive the memory of apartheid as new generations now growing up have no personal memories of that evil system. This is not to say that racism

in one form or another is not a global reality. Indeed, it is just below the surface of human existence. South Africa's history can act as a sober reminder of that truth.

There is also the reality of personal struggle with the healing of memories. We may have endured abuse, discrimination, revenge; or we may have had habits and activities of which we are now ashamed. None of these is beyond the healing power of God. A strong hint of how to deal with disturbing memories is given in Psalm 103: "Bless the Lord, O my soul, and all



Photo: Jameleene Reskp from Unsplash

– Do this in memory of me –

that is within me, bless his holy name. Bless the Lord, O my soul, and never forget all his benefits." A prayer of praise and blessing not only calms the troubled soul but can draw the sting out of the distressing memory and allow us even to thank God for our earlier faults. The Church herself sings with joy about the sin of Adam: *O happy fault, O necessary sin of Adam, which gained for us so great a Redeemer.*" (from "The Exultet" during the Easter Vigil).

The greatest memory of all is the memorial of the suffering, death and resurrection of Jesus our Lord. Theologians call this memory "anamnesis" (a special form of collective remembering) to indicate the unique understanding of the salvific work of Jesus which is not only called to mind but is made truly present in the Eucharist. It is in "The Mystery of Faith", celebrated at the heart of Holy Mass, that we are redeemed from the past by the One who takes away the sin of the world.

SUNDAY MASS

ENTRANCE ANTIPHON:

If you, O Lord, should mark iniquities, Lord, who could stand? But with you is found forgiveness, O God of Israel.

FIRST READING: Wisdom 7:7-11.

RESPONSORIAL PSALM: Psalm 90.

RESPONSE:

Fill us with your merciful love, O Lord, and we shall exult.

1. Teach us to number our days, that we may gain wisdom of heart. Turn back, O Lord! How long? Show pity to your servants. **R**
2. At dawn, fill us with your merciful love; we shall exult and rejoice all our days. Give us joy for the days of our affliction, for the years when we looked upon evil. **R**
3. Let your deed be seen by your servants, and your glorious power by their children. Let the favour of the Lord our God be upon us; give success to the work of our hands. O give success to the work of our hands. **R**

SECOND READING: Hebrews 4:12-13.

GOSPEL ACCLAMATION:

Alleluia, alleluia! Blessed are the poor in spirit, for theirs is the kingdom of heaven. Alleluia.

GOSPEL: Mark 10:17-30.

COMMUNION ANTIPHON:

The rich suffer want and go hungry, but those who seek the Lord lack no blessing.

THE WEEK AHEAD

Live the Word

Mon 11 Oct (St John XXIII, P)

Romans 1:1-7; Psalm 98; Luke 11:29-32

In the kingdom of love there is no competition; there is no possessiveness or control. The more love you give away, the more love you will have. Love alone can awaken what is divine within you. (John O'Donohue)

Tue 12 Oct Liturgy of the Day

Romans 1:16-25; Psalm 19; Luke 11:37-41

Be persistent in seeking what is right, in seeking justice; be persistent in prayer, constantly seeking God's guidance; and be persistent in sustaining your faith, through good times and bad.

Wed 13 Oct Liturgy of the Day

Romans 2:1-11; Psalm 62; Luke 11:42-46

There is nothing more toxic to the gospel than hypocrisy. This is why St Paul directs us to live a life that is animated by the Holy Spirit, a life in which we bear good fruit, evidenced by kindness, patience, joy and generosity.

Thu 14 Oct (St Callistus I, PM)

Romans 3:21-30; Psalm 130; Luke 11:47-54

Are you tired of self-improvement programmes that don't seem to work? Create a new you by placing yourself in God's hands and allowing God to mould you into the person that God wants you to be.

Fri 15 Oct St Teresa of Avila, VD

Romans 4:1-8; Psalm 32; Luke 12:1-7

When Teresa of Avila slipped and fell into the mud during a rainstorm, with familiarity and temerity she admonished her Maker saying, "If this is how you treat your friends, no wonder why you have so few of them!"

Sat 16 Oct (St Margaret Mary Alacoque, V)

Romans 4:13,16-18; Psalm 105; Luke 12:8-12

When we can't see clearly we are prescribed glasses. Yet, in terms of our spiritual eyesight, what are "the eyes of my heart" seeing? Where is my gaze fixed? What if I allowed God to be my "spiritual optometrist"?

Sun 17 Oct 29TH SUNDAY IN ORDINARY TIME

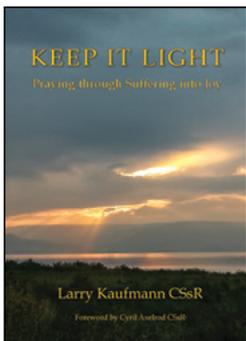
Isaiah 53:10-11; Psalm 33; Mark 10:35-45

Isolation from the Christian community and public Mass during Covid 19 lockdown has been a stark reminder that we are not in a solitary relationship with God but part of a community, a body, the Body of Christ.

(KEY: **SOLEMNITY**; **FEAST**; **Memorial**; (Optional Memorial) P=Pope; M=Martyr; V=Virgin; D=Doctor

In this book Larry Kaufmann explores the grace of the Holy Spirit at work in very human realities such as depression, illness, suffering injustice, loneliness, and relationship breakdown.

Each chapter includes practical suggestions for prayer.



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28th Sunday of the Year
9th/10th October 2021

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Deacon: Rev Dcn Michael Brooks
Secretaries: Deborah Jordan / Vivien Cones
Office Hours: Weekdays 08h30-13h00



Date	Intentions		
Saturday 9th	17h30	28th Sunday of the Year	Shane Liesegang RIP
	18h00	Prayer & Rosary	
Sunday 10th	09h00	28th Sunday of the Year	Missa pro Populo
	18h00	Prayer & Rosary	
Monday 11th	08h00	Mass of the Day	Liesegang Family
	18h00	Prayer & Rosary	
Tuesday 12th	08h00	Mass of the Day	Karl Heath RIP
	18h00	Prayer & Rosary	
Wednesday 13th	08h00	Mass of the Day	Deceased Member of Ferrao Family
	18h00	Prayer & Rosary	
Thursday 14th	08h00	Mass of the Day	Dennis Henry RIP
	18h00	Prayer & Rosary	
Friday 15th	09h30	St Teresa of Avila	Malinda Fraser
	18h00	Prayer & Rosary	
CONFESSION	Saturdays	16h45 – 17h20 pm	Or by Appointment

Prayer Intentions: For all in need of our prayers and their families: Fr Declan Doherty, Sarah Glenday, Neva Bruce-Brand, Malcolm Asher, Allen Galvin, Janet Kutzer, Patricia Reid, William De Villiers, Margaret Savage, Cecco Giovannini, Deolinda & Egidio Gouveia, Nicole Franck, Andrea Dama.

HUNGER Is Real Fund

This fund was initiated by our parish in this time of crisis to alleviate the very real and ongoing need in our surrounding areas. Please contribute by EFT into the Parish Account - details at the bottom of this page - ref: HUNGER.

To all those who have made donations and continue to do so, a huge thank you for your amazing generosity.

Mission Sunday Collection

16th/17th October

This second collection, to be taken up at all Masses next weekend, is distributed by the Pontifical Mission-Aid Societies, for support of missionaries throughout the world.

Please find envelopes at the back of the church, or EFT your donation to the Parish bank account, ref: MISSION SUNDAY. Thank you.

Thank you!

This week we have made donations from our Hunger is Real fund to feeding schemes at the following parishes and charities:

- St Matthew's, Bonteheuwel
- St Lawrence's, Delft
- St John's Kitchen, Maitland
- Our Lady of the Rosary, Hanover Park
- Zanecebo Foundation, Gugulethu
- NOAH
- Masicorp, Masipumule
- Goedgedacht Trust, Malmsbury

Southern Cross Magazine: – October issue now available - Only R30.00 each

Living Faith: - Daily Catholic Devotions – NEW for Oct/Nov/Dec on sale for only R30.00 per copy

Nazareth House Marmalade & Jams: Support a really worthy cause - delicious marmalade and fruit jams handmade by the Sisters, available at the back of the church – only R30 per jar!

2022 Liturgical Calendars: Now available – amazing value at only R30 each.

REFLECTION: 28th Sunday of the Year

Heavenly life (not a reward for our good deeds) is an inheritance which Christ gained for us. Worldly wealth isn't a Godly gift.

However, it's not a sin to become rich but to become rich all alone. Jesus doesn't condemn riches or possessions but the selfish accumulation of them. Wealth can be a prize to share or a prison as it was to the man in today's Gospel.

Richard.

COVID-19

ADJUSTED ALERT LEVEL 1

- All Masses on Saturdays, Sundays, Fridays and Wednesdays are open to the public on a booking basis only.
- **Constantia Catholic on YouTube:** Masses will continue to be live streamed daily. Please note that Friday Mass will be at 9:30am and Saturday Mass (not live-streamed) has resumed. Please use this link to join: <https://bit.ly/YouTubeConstantiaCatholic>
- **ZOOM:** To join Daily Rosary at 6:00 pm each evening, please use **Zoom Link** below: <https://bit.ly/ConstantiaZoom>
- **Please see our emailers and website for regular updates.**

ARCHDIOCESAN NEWS 3 OF 2021: Interactive edition of Archdiocesan News now available: <https://adct.org.za/wpcontent/uploads/2021/09/ad-news-3-of-2021-final.pdf>

PPC Meeting (ZOOM): Thur 14 Oct at 7pm

Our Prayerful Condolences: To Fiona, Kristen, Stuart and Erin Heath on the untimely passing of their beloved husband and father, Karl Heath, on Wednesday 6th October, 2021.

Prayer Course - Pray Your Way

Everyone is different and prays differently. This 5 week course explores your personality style and helps you move forward into a deeper prayer life.

5 week course
Oct 21 - Nov 18:
Every Thursday at 7:15 - 8:45 pm.

Contact Office to sign up.

Opening of the Synod in Rome

Pope Francis will officially open the Synod on Synodality at the Vatican with the celebration of the Eucharist at Saint Peter's Basilica on Sunday 10 October at 10am, preceded by a moment of reflection in the New Synod Hall on Saturday 9 October. Saturday's plenary session (8am-1pm) and Sunday's Holy Mass will be broadcast live by Vatican Media at:

<https://www.youtube.com/c/VaticanNewsEN/featured>

Our parish mission is to be a welcoming and evangelising Catholic community, striving, with the grace of the Holy Spirit, to know, love and serve God more, as disciples of Jesus Christ.

Bank Details: Constantia Catholic Church | Standard Bank: Branch 025 309 | Current Account No 07 169 8965