



Constantia Catholic Online Map

Version 3_22 June 2020

Daily and Sunday Masses

Live-streamed and available afterwards as recordings on our Parish YouTube Channel

- Weekday Masses at 8:00 am (Mon - Fri)
- Weekend Masses at 9:00 am (Sat - Sun)

YouTube

Search in YouTube for 'Mary Constantia' OR 'Constantia Catholic'

<https://bit.ly/YouTubeConstantiaCatholic>

Spiritual Communion

Since we cannot receive the Eucharist, we offer a Spiritual Communion in our homes with our families.

Spiritual Communion at Home - Download from **HOME PAGE**

Spiritual Communion Prayers during Mass - Download COMMUNIO Prayer Booklet



Praying together everyday on ZOOM

Daily Prayers at 6:00pm

We say the Angelus (normal times) / Regina Caeli (during Easter times), Rosary and The Pope's Prayers to Mary during Pandemic.

Zoom link: Please contact the Parish Office to register to attend. We will send you the link and password.

Prayers: See COMMUNIO Prayer Booklet. Download from **HOME PAGE**



Email

Stay informed by receiving Parish Emailers with Covid-19 and Parish updates.

To subscribe contact the Parish Office on **materecl@constantiacatholic.co.za** or **021 794 5185** or via below link

<http://eepurl.com/ofmDT>



Website

www.constantiacatholic.co.za

Weekly Bulletins - download from website homepage OR Bulletins page (About Us / Bulletins)

Covid-19 Updates

See section on website homepage for updates.



Connecting via Social Media

Connect with us and other parishioners

Facebook:

Constantia Catholic - Our Lady of the Visitation
<https://www.facebook.com/Constantia-Catholic-Our-Lady-of-the-Visitation-290354644501849/>

Instagram:

Constantia Catholic
<https://www.instagram.com/olvconstantiacatholic/>

